

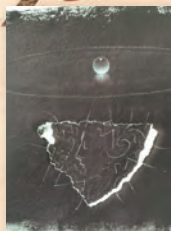
Lebens|t|räume

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IN DIESER AUSGABE: **LICHT – LEBEN – LIEBE** **INDIEN UND DIE AYURVEDA-MEDIZIN**



Dr. Gunter Friedrich:

**Einladung in die
Welt des Lichts**



Wolfgang
Maiworm:

**Indien – Eine Reise
in verbindende
Gegensätze**



Guido Bierther/
Airnergy:

**Ich habe meinen
Lebenstraum ver-
wirklicht**



Guido Bierther

„I Made my Life Dream a Reality!“

By Daniela Prüter

In this series we introduce you to people who are living and enjoying the life they have always dreamed of. The courageous and the audacious, the successful and those who failed. Where do you take the strength from to fight for your dream, and how do you deal with possible failure if your dream gets shattered in the end?

Today, when many patients are regularly using a special device to fill up their energy tanks by breathing especially processed air, these people are the living proof of a lifelong dream successfully realised.

Actually, it goes even further: the users of this special technology have in some

cases even been able to turn their own lives around, simply because they were having enough life energy and power again. The story began a long time ago in the German town of Bonn. That's where Guido Bierther was born and where he grew up.

Like a Mother's Day Present: A Boy with a Great Spirit of Research

Guido Bierther was born on Mother's Day 1965 as his parents' second child, and he has an older brother. When he was three years old, the couple's marriage broke down and the two boys grew up mainly with their grandmother. "Strictly speaking, we stayed with our mother at night and grandma took care of us during the day. The first couple of

years I had very little contact with my father, but nevertheless I somehow sensed that I had inherited some kind of entrepreneurial spirit", recalls Bierther, "already at the age of five or six I was selling more or less independently partly discarded things like my old toys at the flea market. Actually, I always wanted to be a technician or a craftsman, in any case, I wanted to be a kind of talented all-rounder. I was a 'cheeky nose', as they say in the Rhineland region of Germany. I always had to build something, I always had new ideas and I also wanted to construct something new, something better." Guido Bierther describes his childhood as very beautiful. His grandmother played an important role in his life. At a very young age he was on the move on four wheels, then on two and later on four wheels again.



Being a fast driver he suffers bone fractures on various occasions. "When I look back today, I must have spent a total of two years in hospital altogether, where I had to undergo about 30 operations under general anaesthesia plus hundreds of outpatient interventions. My bikes - a racing bike as well as mountain and trekking bikes - I often completely disassembled them, meticulously primed them, repainted them and then reassembled them. I was the typical passionate tinkerer, but I also had that great endeavour for puzzling things out. I always wanted to be able to repair, or better still, construct things myself. My grandma and my mother often came and asked me when they wanted to have something explained", says Guido Bierther. Then came motorcycling, taking the road to Nürburgring and driving the race circuit. My preferred track was the approximately 100-year-old and 21-kilometre-long

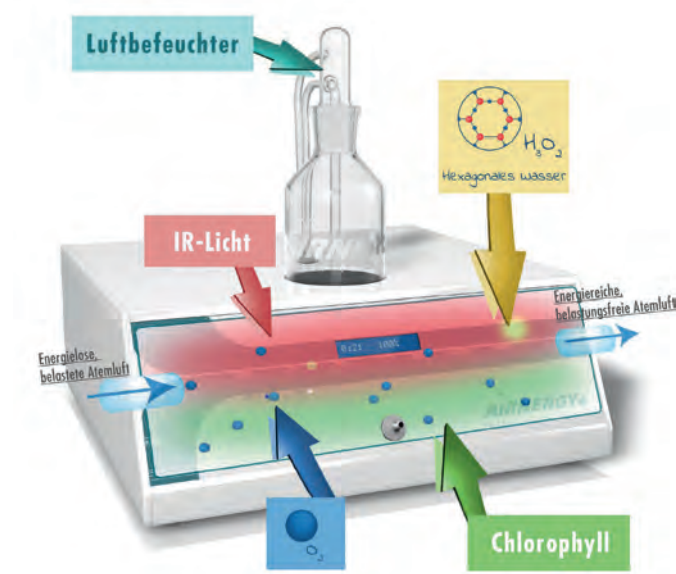
uphill and downhill 'Nordschleife' (North Loop). Which is known worldwide as the most dangerous race track in the world." He gradually resumes the relationship with his father when, at quite a young age, he starts working temporarily at his father's factory during the holidays.

Fascinated by Technology

It's not only there that he is becoming familiar with different machines and systems, he also gets to know a number of different production and manufacturing facilities, for example at automotive suppliers. "I remember that I was symbolically paid about 50 pfennigs an hour (approx. 25 euro cent today, translator's note). From today's point of view that was learning the hard way. Once during the summer holidays I had worked for several weeks at a stretch, had earned 150 deutschmarks and wanted to go to a kiosk

with that money in my hands. But somewhere on the way I lost my first self-earned 100 deutschmark bill. That was a bitter experience. Therefore I already knew from a very young age how hard earning money can be and how quickly it can be lost again", says Bierther. But there are also pleasant memories with his father: even before kindergarten age he was allowed to sit on his father's lap in the convertible and steer it. When he is a teenager the tinkering objects in his small workshop change, instead of bicycles he now focuses on motorbikes and on enhancing their performance. In this context he is enthusiastic about a technology, or function, that will also influence the future invention and development: "There is an air fuel mixture screw on the two-stroke engine, which is located directly on the carburettor. It controls the air fuel mixture ratio and thereby the combustion process in the engine. It's all about optimising efficiency by coordinating the air flow with the resources at hand, without going for a tune-up. That is actually the total analogy to the human body. If you just turned this particular air flow screw a little bit, you could optimise its performance. You would then get more energy out of it, resulting in cleaner combustion, with less exhaust fumes but more power. In the human body this is no different. So, if we transfer this analogy to humans, one could say that the human body, just like fuel lines in a car, also disposes of such control lines, and it does have a tank. So if you optimise the fuel for humans, which is the air we breathe, the body seems to respond in a similar way, just like an engine. The body is actually quite simple, from the big toe all the way up to the top nerves are running through those regulation and control lines."





A Freethinker Already in his School Days

When he is only eleven or twelve years old, Guido Bierther has to go to hospital for the first time in his life and has to stay there for several months due to a comminuted femur fracture. "A few years later, I had another accident as a passenger on a motorcycle, which somehow overshadowed my school career. Nevertheless, the teachers considered me a smart boy, but a free spirit. Because I had only achieved grade three in religion (being the third best grade on a scale from 1 to 6 in the German school system, translator's note), they didn't want to let me go to grammar school." Bierther finishes school and completes professional training as an industrial clerk. At age 24 he is a competitive athlete and passionate surfer. "My father's factory not only produced surfing booms, but also garden tools and

industrial parts. I was always allowed to try out the most beautiful sports equipment, and I was also visiting the sports trade shows." Guido Bierther is experiencing his first success while working as a freelance commercial agent for his father's company. And he is regularly driving the racetrack with friends. But then he gets involved in another serious accident through no fault of his own.

Serious Accident on the Way Back from Nürburgring

It happened a week before the 24 Hours of Spa racing event in Belgium, in which one of his friends wanted to participate. "On that 27th of August 1989, which was a Sunday, we wanted to practice on the track once more. Then on the way back it happened. After several weeks of dry weather it had rained again for the first time and the road was slippery. I was driving a motorbike with sports tyres,

we were overtaking a group of five or six cars and we were about to pull back into the gap in front of them. But right then someone came out of an exit on the left, an elderly gentleman aged over 75, who had failed to see the two of us on our bikes. My friend was lucky enough to get away unharmed, but I didn't, my front wheel started to skid. I was then sliding across the road at high speed for about 80 to 100 metres until I hit the crash barrier, resulting in several comminuted fractures in my lower extremities and a dislocated left knee. I knew right away that this would mean another couple of months in hospital. During the course of the treatment, things got to a point that the doctors wanted to take off my two lower legs. That was when I discharged myself from hospital at my own risk, organised an ambulance for myself and told them to take me to another hospital where a friend of mine was working as an assistant medical director in the surgical department."





All of a Sudden the Athlete Becomes a Person with a Disability

After the accident Guido Bierther gets thrown out of everything for several months. He can only use his lower extremities to a limited extent, he is in pain and often does not even know in which position to lie down in order to get some sleep. But Bierther is also intensively studying his environment, closely observing the doctors and the nurses, and taking note of what plays a central role in the in the treatment of patients. Technology is of particular interest to him. "In every hospital room, at every bed, there were several outlets for the provision of medical oxygen which was supplied via special pressure tubes and ring tubes. I had a lot of questions in my head, as I also had a lot of time: What is medical oxygen? And why should the amount of oxygen be unnaturally increased, while it is well-known that a young and healthy person

exhales 75 per cent of it unused?" The fact that something as precious as our air cannot be totally and optimally utilised by the organism in order to convert it into energy and physical vibrancy is something that Guido Bierther can't stop thinking about. In the following years he tinkers around with that idea, working on it with others and intensely cooperating with researchers and a wide range of experts. However, the next change he undertakes in life goes into a different direction.

Involuntarily Working from Home

After the accident, travelling for Guido Bierther is no longer as easy as it used to be. Nevertheless, he keeps focusing entirely on his career. "Starting a family was not so important to me at that time, but instead I remembered the vision that I had already had as a little boy: I knew that one day I would be doing something very special, not following the well-trodden path, but leaving my own trace." In 1990, when the D-network came out and the first mobile phones reached a wider population, he opened the first mobile phone shop for the C-network. "Not only did we sell the highly sensitive devices, but we also specialised in their installation", Guido Bierther remembers, "we installed the phones into the cars and we also came up with particularly sophisticated technical ideas."

What Works for Engines Might also Work for People

Guido Bierther still remembers how, back in his childhood, engine performance had improved so much through optimising the airflow. "In the meantime I had founded a company together with other people. The company initiated and supported various research projects in that direction. This topic, which is so enormously important for humans and their lives, now definitely has become my personal life purpose. I am working untiringly towards the goal that one day everyone will be able to benefit from this health technology", says Guido Bierther. 'Vitalizer' is what he calls the device that has been developed over many years and is continuously being developed even further. Following nature's example the technology replicates a key process in the photosynthesis of plants. The decisive element is not the amount of oxygen, but the quality, or rather bioavailability of the air. "It would be absurd to add more oxygen to the air we breathe, whilst knowing that even in a young and healthy person three quarters of the inhaled air, and of the oxygen contained therein, get exhaled again without being utilised", explains Bierther. Whoever has come in contact with his system of vitalization is often immediately enthusiastic about it.





Receiving Gratitude and Praise also in China and the USA

In the last 22 years, Guido Bierther has had many touching encounters that confirm his life dream. "I have been to China several times, to Beijing and Shanghai, where there are already many users of our 'Airnergy'. The people I met there often expressed their thankfulness to me. The same happened in Philadelphia, where I met one of the doctors who was importing our device and helping us with the registration process there. There were patients who wanted to see me in

person. One gentleman, who was about 80 years old and who had previously been suffering from Parkinson's disease, told me that he was so happy and felt like jumping for joy. The doctor then asked him to do so and the man went up on his toes. Actually, he only lifted his feet up to about five centimetres, but he had tears running down his face. I was also very touched." Bierther knows another elderly lady who had previously been treated for macular degeneration. "Her ophthalmologist made her familiar with our system. She liked it so

much that she bought her own vitalizer for home use. Two years later she called to tell me that she had just bought a new car because she could now see so well again", Guido Bierther reported.

Breathing Good Forest Air is also a Favourite among VIPs

Actor and singer Herbert Grönemeyer, Formula 1 legends such as Jenson Button or Rubens Barrichello, footballer and successful trainer Ottmar Hitzfeld and his wife Beatrix, comedian Bülent Ceylan or triathlon professional Timo Bracht, they all are regularly breathing this specially prepared good air. There is a lot of evidence suggesting that it might be successfully applied if someone suffers from cardiovascular disease, lung disease, immune system disorders, nervous disorders and metabolic problems. Application in animals has also been remarkably successful. Guido Bierther and his team are continuously working on improving Airnergy in order to develop even more fields of application. "I have always been a tinkerer and an amateur mechanic, and that's what I've been to this day" - this is his own explanation for his tireless zeal for research and his indefatigable fighting spirit.

Further information:
<https://airnergy.com>

